



Men’s Tops Size Chart

Find your exact size using the body measurements below.

Alpha Size	Chest*	Hip	Arm Length
XXS	33 in	32 in	30 in
XS	35 in	34 in	32 in
S	37 in	36 in	33 in
M	40 in	39 in	34 in
L	44 in	43 in	35 in
XL	47 in	46 in	36 in
XXL	50 in	49 in	37 in
XXXL	56 in	55 in	37.5 in

* Chest is usually the best size predictor. However, if your hip measurement is larger, consider buying the size indicated for your hips.

Women’s Tops and Bottoms Size Chart

Find your exact size using the body measurements below.

Alpha Size	Numeric Size	Chest*	Waist	Hip**
XXS	00	31.5 in	24.5 in	34 in
	0	32.5 in	25.5 in	35 in
XS	2	33.5 in	26.5 in	36 in
	4	34.5 in	27.5 in	37 in
S	6	35.5 in	28.5 in	38 in
	8	36.5 in	29.5 in	39 in
M	10	37.5 in	30.5 in	40 in
	12	39 in	32 in	41.5 in
L	14	41 in	34 in	43.25 in
	16	43 in	36 in	45 in
XL	18	45 in	38 in	47 in
	20	47 in	40 in	49 in
XXL	22	49 in	42 in	51 in

* Chest is usually the best size predictor. However, if your hip measurement is larger, consider buying the size indicated for your hips.

**Hips are usually the best size predictor, but if your waist measurement is larger, consider buying the size indicated by your waist.

Standard inseam may vary by product. Please see product page.